



Asian American Psychologist

Newsletter of the Asian American Psychological Association

Summer 2006

Asian American Psychological Association 2006 Conference: *Strengthening Our Voice: Building Alliances Within and Among Communities* August 9, 2006 New Orleans, LA



St. Louis Cathedral, New Orleans

Karen Suyemoto and Doris F. Chang, Conference Co-Chairs

Thanks to the efforts of a great program committee, led by Karl Kwan and Grace Kim as Program Co-Chairs, we have a stellar conference program exploring issues of diversity, similarity, and alliance building between Asian Americans and other communities of color and across diverse Asian American groups (see details below). In addition, we are planning a variety of initiatives to support Katrina relief and address community-rebuilding efforts in New Orleans. The conference will be held at the Pan-American Life Conference Center, with

the annual banquet to follow at the Asian Cajun restaurant in the French Quarter. Check out the website (aapaonline.org) for more details about the location, the banquet, and specially negotiated room rates at the International House Hotel. Conference registration and program information will be available through the website starting June 1, 2006. We hope to see you in New Orleans!

KEYNOTE ADDRESS

Building Alliances for Social Justice: Bridging Racial and Cultural Differences

We are honored that **Patricia Arredondo, Michael D'Andrea, Christine Iijima Hall, and Janet Helms** will be joining us to discuss the challenges and rewards of working collaboratively across and among diverse racial, ethnic, and cultural communities. They will share their personal experiences building alliances across communities of color and offer suggestions for establishing productive and mutually beneficial cross-community partnerships to improve psychological services and contribute to social justice.

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President's Message

Alvin Alvarez, Ph.D.



Special Election for President-Elect!!! November 1, 2006
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Hopefully, this got your attention! The Association and the Executive Committee recently approved the passage

of changes to our bylaws. One significant consequence of this passage is that the Association has created the new position of President-Elect. With the expansion of this Association and the increasing complexities of leading this organization, there has been consensus around the idea that incoming Presidents of the Association will need a transition period to acclimate themselves to their new duties.

Consistent with the goal of providing this transition period, the Executive Committee has decided to call a **Special Election on November 1, 2006** to elect the new President-Elect and Vice President of the Association. The President-Elect's term will commence on January 1, 2007, thereby resulting in an initial eight-month transition period for this individual after I leave office. The incoming Vice-President will start her or his term on August 31, 2007. Thereafter, elections for the President-Elect and Vice-President will coincide with the normal election cycle as described in our Bylaws.

So, take a moment... Consider what direction you want this Association to take. Consider the type of leaders you would want. Then, encourage your colleagues to submit their names for consideration!!!

The deadline for nominations and candidate statements for these positions will be September 1, 2006.

Task Force on Social Justice, Advocacy, and Public Policy **Summary of Activities** **Donna Nagata & Michi Fu, Co-Chairs**



The Task Force on Social Justice is comprised of a diverse group of students and professionals. The co-chairs are Donna Nagata (Professor, University of Michigan, Ann Arbor) and Michi Fu (Team Coordinator of Asian Pacific Family Center of Pacific Clinics & 2002 Okura Mental Health Leadership Fellow).

Members are: Anju Kaduvetoor (doctoral student, Lehigh University, Pennsylvania), Seunghee Kwon (doctoral student, Indiana University), Urmi Chakrabarti (doctoral student, UMass Boston), Steph Pituc (May 2006 graduate, Teachers College), Neha Navsaria (doctoral student, Temple University), Karen Chen (post-doctoral fellow at both APA's Public Policy Office & SPSSI), and Jeffery Mio (Professor, California State Polytechnic University, Pomona).

The task force generated working definitions of social justice, advocacy and public policy as well as potential activities for AAPA within these areas including:

1. Articulating the significance of including social justice concerns in its ongoing efforts;

2. Adopting formal definitions for the terms "social justice", "advocacy", and "public policy" that can serve as a framework for future initiatives;
3. Identifying current and past social justice/advocacy/public policy efforts;
4. Contacting other ethnic professional associations to identify what they have done in these domains;
5. Conducting a needs assessment of the AAPA membership to assess members' experiences in justice/advocacy/policy domains as well as to identify areas where advocacy or justice concerns are most relevant;
6. Combating media stereotypes by collaborating with other organizations, such as MANAA (Media Action Network for Asian Americans);
7. Developing policy statements or briefing sheets around topics to share with other organizations (e.g., fighting Asian and Asian American stereotypes);
8. Focusing on concerns related to immigration rights;
9. Identifying parameters that limit the kinds of advocacy/social justice/policy activities that AAPA can pursue (e.g. nonprofit status);
10. Encouraging research that addresses justice concerns.



**Keynote Speech for AAPA Southern California Division on Women's Conference:
Exploring the Intersections of Multiple Identities:
Clinical, Research and Training Themes with Asian and Pacific Islanders
March 11, 2006
Christine C. Iijima Hall, Ph.D.
Maricopa Community College District**



The topic of multiple identities has many points of entry-- differences among clinical and research, the boundaries of multiple worlds that people of color must cross daily, and the world of mixed race identity and research.

Division between research and clinical

European psychology prefers boundaries and specific definitions. Psychologists of color are less likely to see strict boundaries between research and practice. Many of the early pioneers of ethnic psychology were renaissance people who did both research and practice. Currently, most of us engage in teaching, research and practice.

Psychologists of color crossing boundaries

People of color live in many worlds. We permeate boundaries and changed psychology:

- o We forced psychology to legitimize qualitative research.
- o We pressed psychology to rethink the proper use of control groups. Why were we being forced to have White control groups?
- o Experimenter bias/in-group researcher--White psychologists have been studying white people for

years and no one accused them of being biased! We are multicultural with multiple identities—we can look in and outside.

- o We developed new ways to counseling. Many of the European methods were not working for our people. Many times we had to be social workers first, psychologists second.
- o We demanded cultural competency in practice, research and teaching.

Multiracial/multicultural research

What we contributed to psychology through multicultural research:

- o Again, we questioned control groups—who would be our control group?
- o Developed new theories of identity development.
- o Added new terminology such as, multiracial, monoracial, and Japaneseness!
- o Extrapolated research and data from work on other groups living in two or more worlds, such as interracial adoption, gay and lesbian, Chicano and Black psychology, etc.
- o Pointed out the difference in acceptance of individuals that are mixed minority-White versus minority-minority.
- o Addressed “Situational identity” where individuals can “code shift” according to the environment.
- o Demonstrated how physical ambiguity can affect the response to individuals.

Announcement

Prof. Lee C. Lee: A pioneer and a scholar
Tigerson M. Young, Ph.D.

Dr. Lee C. Lee, Professor Emeritus of Human Development in the College of Human Ecology at Cornell University, died unexpectedly on Sunday, April 30, 2006. Dr. Lee, Cornell's first woman professor of Asian ancestry, was a pioneer of Asian American Studies. Retired in 2004 after a 35 year career at Cornell and after a two-year stay in San Francisco, she returned to Ithaca to put the finishing touches on her retirement home on the shores of Cayuga Lake. She will be remembered by her colleagues and friends as a fierce and caring force for causes of fairness, student needs, and children's welfare.

Lee was born in Suzhou, China, July 19, 1935, and was educated in Hong Kong. In 1954 Lee, then a teacher at the American School in Taipei, Taiwan, came to the United States as an undergraduate student at Mount Union College

in Ohio. She received a B.A. in Psychology and Mathematics in 1957, earned a Master's degree in Clinical Psychology at Ohio University in 1959, and eventually completed a Ph.D. in Developmental Psychology at Ohio State University in 1968. Lee then joined the Cornell faculty in 1968.

In addition to her organizational skills in launching programs to further Asian-American understandings, she made another pioneering mark in co-editing with Nolan W. S. Zane the "Handbook of Asian American Psychology" (1997), which has been described as a landmark publication in psychology and ethnic studies, with contributions by scholars in a wide range of fields.

Contributions in Lee's memory may be made to Planned Parenthood, the Task Force for Battered Women, Family and Children's Services of Ithaca, Franziska Racker Centers or a charitable organization of one's choice. (Excerpted from the obituary published in the Ithaca Journal, May 5, 2006).

**Task Force on Practice
Summary of Activities
Soni Kim, Chair**



In response to the AAPA Executive Committee's call, the Executive Task Force on Practice was formed in March of this year. Our mission is to develop short- and long-term goals that will help the Association respond to practice/clinical issues that are of import

to the membership and to the larger psychological community. The task force consists of seven psychologists and students: Soni Kim (in private practice), William Chien (on faculty at CSPP/LA), Naomi Brown (staff psychologist at Stanford University's counseling center), Karen Cone-Uemura (doctoral candidate in the University of Utah's Counseling Psychology program), Szu-Hui Lee (psychology intern at McLean Hospital, Harvard Medical School), David Young (Administrator of STARS Community Services), and Chun-Chung Choi (staff psychologist at University of Florida Counseling Center).

As is evident from this list, task force members come from impressive and diverse professional backgrounds.

Each is committed to advocating for the practicing community, which has been traditionally underrepresented within the AAPA. Our initial task focused on identifying the needs of the practicing community within AAPA. The following issues were identified:

- 1) Having representation within AAPA to continue to assess and meet the needs of the practicing psychologists, including of those psychologists who are not currently members of AAPA;
- 2) Nurturing clinical-track students and members through internship training, mentorship, financial aid, venues to present clinically-oriented material at AAPA, and recognition of excellence in clinical practice to encourage innovative programming that serves underserved populations;
- 3) Cultivation and access to clinical resources through AAPA website, listserv, and newsletter.

We are off to a great start and hope to contribute in meaningful ways to enhance the experiences of the practicing community within AAPA and to improve the clinical care available to API communities.

**Task Force on New and Early Career Professionals
Summary of Activities
Verna Fabella-Hicks, Chair**



The AAPA Task Force on New and Early Career Professionals, formerly the Task Force on New Professionals, focuses on individuals early in their careers as they comprise a large part of the organization. This task force consults with the AAPA Executive Committee regarding the specific

interests, needs, and concerns of new/early career professionals as well as how AAPA can be more responsive to new/early career professionals across academia, practice, research, and training in different psychological disciplines. The task force consists of six members including Verna Fabella-Hicks, Ph.D., who is also the chair, Jocelyn Buhain, Ph.D., Grace Kim, Ph.D., Szu-Hui Lee, Ph.D., Matthew Miller, Ph.D. and Tigerson Young, Ph.D.

Active since April 2006, discussions have focused on the following issues. The name of the task force was changed to be inclusive of not only recent graduates but also professionals who are within seven years of

receiving their terminal degree. The task force has identified the interests and needs of new/early career professionals ranging from post-doctoral issues (i.e., licensure, student loans, continuing education), to establishing a professional identity (i.e., transition from student to professional, balance between professional/personal lives, developing a specialty), to career development (i.e., post-doc training vs. employment, academia, practice, research), to membership needs within AAPA (i.e., being visible and active, networking and support).

To help AAPA address the interests and needs of new/early career professionals, the task force has several preliminary proposals: 1) A mentoring program may be developed in which new/early career professionals can receive guidance from more established professionals; 2) Information and resources aimed at new/early career professionals may be provided on the AAPA website; 3) An online forum may be created for new/early career professionals to exchange information and ideas; 4) Convention programming may be offered to focus on the interests and needs of new/early career professionals.

Amendments to AAPA's Bylaws

Irene J. Kim, Ph.D.
Secretary/Historian 2004-2006



AAPA has recently adopted three new amendments to its bylaws (see the end of this article for a reprint of these new bylaws). As your Secretary/Historian, I wanted to inform you of the process by which the bylaws were amended.

During the 2005-2006 academic year, the AAPA Executive Committee (EC) discussed three bylaw changes: a) the creation of a new (elected) President-Elect position; b) the creation of a new (appointed) Communications Officer position; and c) the development of more electronic distribution mechanisms to facilitate communication within AAPA regarding elections and by-laws amendment processes.

AAPA members were asked to vote on these bylaw changes by Monday, April 17, 2006. Official voting proceeded via e-mail ballots: first, to the entire AAPA listserv, then, targeted e-mails to the AAPA membership (with valuable assistance from Dr. Angie Ebreo, Membership Officer). However, we did not receive the 25% of membership votes required to adopt amendments to the bylaws. Approximately 15% ($N = 46$ valid votes) of the AAPA membership voted on the bylaw changes, and of those who did vote, 100% approved of the changes (see Table 1 for summary of voting results). Since the required percentage of votes was not submitted, the voting then went to the EC, as stipulated in the current AAPA bylaws. The EC unanimously voted in favor of all three by-law changes. Thus, the bylaws amendments were officially adopted on May 1, 2006 (reprinted below).

Bylaw Amendments

Article V. ELECTED OFFICERS

[New] Section 6. Duties of the President-Elect. In

performing the duties of office, the President-Elect shall:

- a. familiarize herself/himself with ongoing business of the Executive Committee, particularly business that would continue beyond the current President's term of office.
- b. assist the President and Executive Committee with the Association's business
- a. act as liaisons to other national or international organizations whose purposes or actions will benefit the Association and its purposes;
- c. assist in soliciting corporate donations and other fund raising activities to carry out the objectives of the Association, including awarding of student scholarships;
- d. serve a one year term of office.

Other related articles or sections with minor changes included: Article V, Sections 1 and 5 (re: Elected Officers—Composition, Duties of Past President); Article VII, Section 1 (Executive Committee, Composition); Article VIII, Sections 1 and 3 (re: Timing of Elections, Transition of Officers, and Termination of Officers).

Article VI. APPOINTED OFFICERS

[New] Section 5. Communications Officer. In performing her or his duties of office, the

Communications Officer shall:

- a. maintain, oversee and update all aspects of the Association's website and its content;
- b. maintain and oversee all aspects of the Association's Listserv;
- c. serve as the contact person for postings on both the website and the Listserv;
- d. draft and distribute Association statements and correspondence on an ad hoc basis with the

Table 1: Summary of Votes for By-Laws Changes

By-Law Change	Member	
	Approve	Disapprove
President-Elect	46	0
Communications Officer	46	0
Electronic distribution	46	0

(Continued on page 6)

(Continued from page 5)

- approval of the Executive Committee;
- e. perform other communication duties relevant to the work of the Association;
- f. serve a two year term of office, or until a successor assumes the office.

Other related articles or sections with minor changes included: Article VI, Section 1 (re: Appointed Officers—Composition); Article VII, Section 1 (Executive Committee, Composition); Article VIII, Section 2 (re: Timing of Elections, Transition of Officers, and Termination of Officers).

Article IX. NOMINATIONS & ELECTIONS PROCEDURES

[Revised] Section 2. Call for Nominations. The Nominations & Elections Committee shall issue a call for nominations through one or more of the following mechanisms: (a) publication in the Newsletter, (b) electronic distribution on the Association's Listserv, (c) emails to all members using the last email address given by the member to the Association, (d) electronic dissemination on the Association's website and (e) through special mailings sent to all members for this explicit purpose.

[Revised] Section 4. Publication of Nominees Statements & Slates. Names, descriptions, statements from nominees, and the slate of final nominees shall be distributed to the membership through one or more of the following mechanisms: (a) publication in the Newsletter, (b) electronic distribution on the Association's Listserv, (c) emails to all members using the last email address

given by the member to the Association, (d) electronic dissemination on the Association's website and (e) through special mailings sent to all members for this explicit purpose.

[Revised] Section 5. Member Ballots & Votes.

Members shall vote for nominees by returning completed ballots to the Nominations & Elections Committee Chairperson or the Secretary-Historian. The closing date for return of ballots shall be two weeks, or no more than thirty (30) days after the distribution of the ballots by one or more the following mechanisms (a) publication in the Newsletter, (b) electronic distribution on the Association's Listserv, (c) emails to all members using the last email address given by the member to the Association, (d) electronic dissemination on the Association's website and (e) through special mailings sent to all members for this explicit purpose, containing the approved and final list of nominees.

Article XI. AMENDMENTS TO BY-LAWS

[Revised] Section 2. Publication & Balloting on Proposed Amendments. Amendments, properly initiated and proposed, shall be published and ballots distributed to the membership through one or more of the following mechanisms: (a) publication in the Newsletter, (b) electronic distribution on the Association's Listserv, (c) emails to all members using the last email address given by the member to the Association, (d) electronic dissemination on the Association's website and (e) through special mailings sent to all members for this explicit purpose. The closing date for return of ballots shall be two weeks, or no more than thirty (30) days after distribution.

Announcements

During the APA convention this summer, Division 35, The Society for the Psychology of Women, is hosting an exciting roundtable which I hope will encourage AAPA women to attend.

The title of the session is Feminism's Past and Future and Asian and Native American Women. One of the roundtable is entitled "Future Directions for Asian American Women in Psychology and Division 35." The date is Thursday, August 10, 2006, and the time is from 2-2:50 p.m. The location is Hilton New Orleans Riverside Hotel, Jefferson Ballroom.

Edna Marie Esnil, Psy.D., Staff Psychologist & Director of Training, Counseling Center, Notre Dame de Namur University, 1500 Ralston Ave., Belmont, CA 94002-1997, (W) 650-508-3714 (FAX) 650-508-3447

**Renew your membership.
Application on page 15 or
online at www.aapaonline.org**

Finance Report Muninder K. Ahluwalia, Ph.D.



I am happy to report the continued fiscal health of our organization! As of May 15, 2006, we have \$35,663.97 in a savings and

\$15,892.07 in a checking account with E*Trade Bank, for a total of \$51,556.04.

There are numerous individuals who have also made donations since January and I want to acknowledge all of you. Thank you. Your generosity to the organization is much appreciated.

I would like to encourage members

to consider making a tax-deductible donation to AAPA. We are a non-profit organization run completely by volunteers whom you elect. We strive to offer quality programming and opportunities for mentoring and networking throughout the year as well as at our annual conference. We keep registration costs as low as possible to help us cover our expenses for hosting the convention. Any profits we generate are applied toward student awards or other programming.

Donations of any amount are always much appreciated and are tax deductible! We accept donations in the following categories: **AAPA General Fund, Dissertation Grant, Best Poster Award, Student**

Travel Award, and Division on Women Fund. If you have any questions about these funds or would like more information on how the money is used in each fund, please do not hesitate to contact me.

As always, please feel free to contact me at Muninder.Ahluwalia@montclair.edu for donations, questions, concerns, or suggestions for improvement.

ACCOUNT	Amount
Checking	\$ 15,892.07
Savings	\$ 35,663.97
TOTAL	\$ 51,556.04

Membership Report Angela Ebreo, Ph.D.



I am pleased to announce the formation of the AAPA Membership Committee. The Committee will provide input to the EC by examining the

current status of the membership. The committee is chaired by Dr. Yukiko Shiraishi (yukikos@uic.edu) of the University of Illinois at Chicago. The other members of the Committee are Dr. Bai-Yin Chen (Bowling Green State), Dr. Ellen Jia-Ling (San Jose State), and Yuhong He (University of Missouri, Columbia). I wish to express my appreciation for the Committee's willingness to contribute to the further growth of AAPA by attending to matters related to member recruitment and retention. If

you have ideas and/or concerns regarding membership, please share them with the committee directly.

As of May 15, 2006, AAPA's membership consists of 362 persons and organizations; 351 of whom have paid membership dues for the calendar year. This includes 6 emeritus professors/retirees, 11 lifetime members, 150 professional members, 27 early career members, 167 students, and one organization). Members who have paid dues for the 2006 calendar year should have received an acknowledgement email; if you have not received one please contact me to be sure that I have your correct email address.

All persons who have provided an email address but have not paid their 2006 dues should have received a reminder notice. Please check the mailing label of this newsletter for

your membership expiration date. If your membership is not current and you did not receive an email message containing a copy of AAPA's membership form, please contact me and I will email you one.

If any changes occur in your contact information over the membership year, please email me directly (aebreo@uic.edu) with the changes. This will ensure that you continue to receive the AAPA newsletter.

Membership	12/31/05
Emeritus/Retirees	6
Lifetime Members	11
Professional	150
Early Career	27
Student	167
Organization	1
TOTAL	362



STUDENT Column Szu-Hui Lee, Ph.D.

Szu-Hui Lee, Ph.D.
*Student
Representative
2004-2006*
The Ohio State

University
McLean Hospital – Harvard Medical School

The spirit of the spring season brings a time for new beginnings. Let me begin by congratulating the newly elected Student Representative, Arpana “Annie” Gupta. I know she will serve this role spectacularly. It has been a pleasure and honor for me to serve as the Student Representative these past two years. Let me highlight the ‘new beginnings’ that marked my term. In June 2004, the **Student Online Forum** launched. This was possible through donations and the matching fund from the Executive Committee. The online forum provides a space for student members to connect and engage in discussion for mutual learning and support. This was a great contribution to AAPA because other groups within

AAPA can now capitalize on this resource and host their own forums. Throughout the past two years, **Student Highlights** were incorporated into each newsletter’s Student Column to increase student member visibility and showcase the talents we have within the student body. In December 2005, the **Task Force on Student Division** formed to help with the final stages of the near two year project. Finally, in March 2006, the **Division of Students** was established. The proposal for the Division received support from over 70 AAPA members and the approval from the EC. This was a great testament to the need for a formal student community and the commitment of AAPA as an organization to promote its generations of members. My aims as the Student Representative were to strengthen the student community, increase our visibility, increase student leadership positions, and support new generations of AAPAers. I humbly view that these new beginnings actualized my aims by planting the seeds for further cultivations. I am excited to see all that is ahead for the AAPA student membership. Thank you for your continuous support and faith. I am forever grateful.

“Master-ing” a Place within AAPA Stephanie Pituc, M.Ed. Teachers College-Columbia University

According to 2006 AAPA membership statistics, roughly 100 dues-paying members have a Master’s degree, encompassing the MA, MS, MEd, and MSW. That is a little over a fourth of the 2005 membership! With the end of my own Master’s education, I find myself reflecting upon my experience and contemplating the numerous possibilities in my professional career. The membership statistics suggest that many AAPA members have also experienced this “Master’s milieu.”

Looking back, Yuki Okubo, a doctoral candidate from Teachers College-Columbia University wishes that she had been active as a Master’s student noting, “I really wish I had gone to the AAPA Mentor-Mentee luncheon before applying to a doctoral program.” In addition to providing opportunities for mentorship, AAPA can address the unique needs of Master’s students through specialized professional development programming, guidance in applying to doctoral programs, and networking opportunities with other Master’s students. Szu-Hui Lee, AAPA Student Representative, also encourages students to connect and become involved in AAPA through the Division of Students, which aims to

“address all student needs as a united front.”

The diversity of expertise Master’s-level graduates develop – as doctoral students, researchers, clinicians, policymakers, activists, etc – can further serve as a valuable resource to AAPA. Although there are 120 Asian, Master’s level APA members (APA Research Office, 2005), there are far fewer Masters-level professional members in AAPA according to Angela Ebreo, AAPA Membership Officer. Harnessing the talent, energy, and perspective of all professionals in psychology would surely enrich the community.

While there are many existing ways for Master’s-level students and professionals to find a place within the AAPA community, there is always room for innovation to attract and engage all types of members. Wherever my post-Master’s career takes me, I look forward to growing with and giving back to AAPA.

Reference

American Psychological Association Research Office. (2005).
2005 APA directory survey. Washington, DC:
†Author.

Sliver of me
Shashi Raman, M.S. , Wilmington College



I am sorry so sorry that I am not working harder
I promised you perfection and to help you go farther
What can I do now now that I have left my homeland
And have come over so that I can hold your hand

Forever and ever until my death I need not part you
Only at immigration change my name to Bartholomew
You can then call me Bart and not have to bother
Learning who I really was called by my father

I try not to show any disappointment
I agree, excel, and put on your scent
When everyday I worry about my daughter who is changing
To speak more like you less like me so that she is more engaging

As long as I don't come too close to taking your place
You say I am safe from any outrage and may even save face
Every generation I live here I continue to be viewed
Foreign in features and quietly ridiculed
When all that remains is my physique
That correlates with what you think is meek
I am closest to where you want me
Hollowed, erased and ready for sea

Announcements

AAPA Division of Students:

a new sense of the student community

The vision of the Division of Students is to enhance the visibility of the AAPA student membership and strengthen the collective. The Division of Students stands on three major pillars: SOCIAL - to strengthen the existing connections among students and to establish new ties; LEADERSHIP - to cultivate new student leadership and future leaders of AAPA; and PROFESSIONAL DEVELOPMENT - to provide support throughout one's educational and professional endeavors. To actualize its vision and goals, the Division needs your involvement! New student leadership positions are now available. The positions include but are not limited to Co-Chairs of the Division, Secretary, Regional Chapters Representatives, Membership Chair, Undergraduate Representative. Please contact me (lee.1978@osu.edu) if you are interested in getting involved. As outlined in the approved proposal for the establishment of the Division, all AAPA Student Members will automatically become a member of the Division of Students and have access to the resources offered by the Division, including the leadership opportunities. So there is no reason not to get involved. Speaking of getting involved, I am excited to share the news that a group of talented and dedicated students at University of California, Santa Barbara (UCSB) has decided to take on a leadership role within the Division by establishing a Mid Cal Regional Chapter at UCSB. They are working hard to provide resources for local AAPA students and provide an avenue for connection with local AAPA professionals. They also have plans to network with other Regional Chapters to tighten the student community at large. If you would like to join this regional chapter,

please contact Debra J. Fan (deb-j-fan@umail.ucsb.edu). This is a very exciting time for the AAPA student membership. Look for all the new student focused opportunities, initiatives, resources, and much more to come. We are just getting started!

Szu-Hui Lee, Ph.D., The Ohio State University
McLean Hospital – Harvard Medical School

Keeping to the spirit of new beginnings, I am happy to announce that I am now of the New Professional status! I recently earned my Ph.D. in Counseling Psychology from The Ohio State University. I am now a Postdoctoral Fellow at McLean Hospital – Harvard Medical School. My clinical appointment will primarily be at the Obsessive Compulsive Disorder Institute (OCDI). The OCDI is one of three national centers dedicated to the advancement of clinical care, teaching, and research of obsessive compulsive disorders. Not only will I continue to sharpen my overall clinical skills, I will also become specialized in the treatment of OCD and its most common co-morbid conditions. Furthermore, I've been asked to take part in the training/teaching of the new psychology interns. The combination of advanced clinical work, teaching/training, and research opportunities fits well with my aspirations and career trajectory. It seems like just yesterday that I was at my first AAPA Convention as a first year graduate student. I cannot help but feel that I've grown up with AAPA, particularly because of the instrumental role this organization plays in my personal and professional developments. I am excited to continue with my involvement with this great organization as a New Professional!

Szu-Hui Lee, Ph.D., The Ohio State University
McLean Hospital – Harvard Medical School

Special Event Programming

- Interest group meetings on Higher Education (university and college counseling/student development), Child and Adolescent Issues, and Social Justice
- Special breakfast meeting for graduate students and new professionals sponsored by the APA's Science Directorate
- Book launch reception for the *Handbook of Asian American Psychology* (2nd Ed.)
- Expanded book sale offerings, including fiction titles and other professional resources
- Mentor-mentee reception

Register online at
www.aapaonline.org

AAPA 2006 CONFERENCE SESSIONS

We received many wonderful submissions from members of AAPA and other ethnic minority psychological organizations. The Sessions Co-Chairs (Ravi Gatha and John Tawa) along with the member reviewers had difficult decisions to make. The result is a terrific program that not only addresses the conference theme, but also showcases original research and clinical presentations on a variety of subgroups such as Asian American women, college students and youth.

Invited Sessions

AAPA Dissertation Award Symposium

Chair: Arpana Inman (Lehigh University)

- *Joyce P. Chu, Award Winner*—Why it might be OK for Asian American men to tuck away those emotions: Culture and ethnicity as moderators of the link between emotion non-expression and health
- *Anvita Madan-Bahel, Honorable Mention*—Development and Evaluation of a Sexual Health Program for South Asian Female Youth
- *Cheri L. Philip, Honorable Mention*—Validation of the Asian American Racial and Ethnic-specific Identity Index (AR/EII): Examining racial and ethnic-specific identity in Asian

Americans

- *Sing Kiat (Rachel) Ting, Honorable Mention*—Effect of Language and Culture on Bilingual Chinese Self-description, Negative Emotional Description and Perspective on Depression

Bridging communities of colors after Hurricane Katrina: The role of advocacy, policy, and community building

Karen Chen (SPSSI James Marshall Scholar, American Psychological Association, Public Policy Office)

This session will focus on past and current community building and advocacy efforts related to disaster preparedness, relief efforts, and mental health services, in the aftermath of Hurricane Katrina. Most of the Hurricane Katrina victims were people of color. Unfortunately, limited culturally and linguistically appropriate care contributed to poor mental health services and general services for many hurricane victims. In this session, we will discuss how you, as an Asian Americans health professional, can become an advocate for your community at local, state, and federal level and help ensure quality health care for people of color.

Interactive Sessions (in alphabetical order by title)

Alliance-Building Across Japanese and Mexican-American Cultures

*Geneva Reynaga-Abiko & Takashi Abiko
(University of Illinois, Urbana-Champaign)*

This interactive session will be led by a Japanese male and Mexican-American female who will use their cross-cultural union to model effective alliance-building. Similarities between both cultures will be discussed, including family values, spirituality, and immigration histories, among others. The challenges and benefits of these types of personal relationships will be discussed, including how this can facilitate multi-culturally competent practice with clients from both groups and ultimately allow us to overcome the pernicious effects of oppression as people of Color living in the United States.

Building Asian American-Black Alliances:

Processes, Benefits, and Challenges

Karen L. Suyemoto, John Tawa, Grace S. Kim, Jesse J. Tauriac & Jennifer Hamilton (University of Massachusetts, Boston)

Alliance building between Asian American and Black communities has been noted as a crucial step toward confronting racial oppression but has not attracted much research and dialogue in the field of psychology. Consideration of this alliance building is an important endeavor, given the historically hostile relationships between the two communities and the social and political cost of such hostilities. This interactive session aims to create a space for dialogue about Asian American-Black alliance building in the field of psychology by addressing its processes, benefits, and challenges. The foci of the facilitated discussion will be on clinical, educational, and training contexts.

Division on Women SPECIAL SESSION: Physician Heal Thyself: Examining the role of psychologist self-care practices on the treatment of Asian Pacific Islander American (APIA) women's mental health concerns.

*Neesha Patel (San Francisco State University) and
Susana Lowe (University of California, Berkeley)*

The presenters will discuss findings from their study on self-care practices among female Asian American psychologists and psychologists-in-training. Utilizing videotaped interviews, the presenters will examine the tools psychologists encourage their clients to use and the extent to which these tools are implemented by practitioners and scholars themselves. Implications for the relationship between practitioner self-care and effectiveness of health service delivery to APIA women will be discussed. This session will be highly interactive with the goal of creating recommendations for promoting best practices for burnout prevention and self-care among APIA women psychologists and psychologists-in-training.

Generating a Movement within a Movement: Evidence Based Practices in Psychology and Cultural Competence

*Nolan W. Zane & Stanley Sue (University of California - Davis), Gordon C. Nagayama Hall
(University of Oregon), Frederick T. L. Leong*

(University of Tennessee)

The American Psychological Association recently adopted a policy that defined evidence-based practice in psychology (EBPP) as “the integration of the best available research with clinical expertise in the context of patient characteristics, culture, and preferences.” This interactive session will initiate discussions among clinicians, researchers, and mental health policy-makers on how to develop more effective research strategies and innovative clinical practices to address cultural competence issues in EBPPs. The session will focus on devising strategies to build clinical practice/research networks that can more effectively stimulate responsive clinical research on culturally competent EBPPs for Asian Americans and other ethnic minority clientele.

In their shoes: Understanding Asian American college students

Delia C. Hom & Jocyl Sacramento (University of California, Riverside)

In this interactive workshop, participants will discuss trends and current issues facing Asian American college students. Through the lens of Chickering's Seven Vectors of College Student Development, we will work together to explore the extent to which this model accurately applies to Asian American college students today. Drawing from personal reflection, and group discussion, we will discuss the barriers to providing well-informed support for Asian American college students from multiple perspectives.

Social Justice Research: Who Decides What is “Just”?

*Phuong T. Nguyen, Nancy J. Lin, Stephanie C. Day
& Karen L. Suyemoto (University of Massachusetts,
Boston)*

As research approaches with social justice and empowerment goals are increasingly utilized by psychology and Asian American studies, challenges and complexities associated with these methodologies are more likely to face researchers. Research conducted with social justice goals inherently requires researchers to simultaneously occupy multiple roles (e.g., social justice activist,

researcher, psychologist) which may compete and contradict one another. When situations arise where researchers feel that social justice is somehow being undermined, they must find ways to balance their personal beliefs and backgrounds, definitions of social justice, responsibility to the larger community, and roles as researchers.

Symposia (in alphabetical order by title)

Building Alliances and Offering Innovative Services for Asian Immigrant Youth

Stanley Sue (Chair, University of California).

Presenters: Munyi Shea, Angela Kim, Sunyoung Shin, Sarah Lee, & Winnie Ma (Columbia University). Discussant: Christine J. Yeh

The massive influx of Asian Americans and their families into the United States in recent years warrant culturally relevant services and interventions. This symposium seeks to illuminate our understanding of the unique challenges and similarities shared by Asian immigrant youth in their educational and psychological development, and their service needs across multiple social contexts: School, community, college and clinical settings. Implications for service providers, researchers, and educators are discussed.

Healing a Marginalized Minority: Multicultural Competency with Sri Lankan American Clients

Amila C. Chandrapala, Samantha S. Wettimuny (California School of Professional Psychology)

Sri Lankan Americans are significantly underrepresented in mental health research. Thus, their treatment needs and expectations may be unknown to clinicians who may encounter Sri Lankan American clients in community mental health. With the growth of the Sri Lankan population in the United States, it is essential that therapists be aware of the ethnic, religious, cultural and historical diversity of Sri Lankan Americans. The goal of this symposium is to increase multicultural competency with clinicians working with Sri Lankan clients, and to increase awareness of the mental health needs and important considerations when working with Sri Lankans and Sri Lankan Americans.

Stigma and Mental Health Utilization: Findings from Asian-American, African-American, and Latino Communities

Lawrence Yang, Deirdre Anglin, Rosangely Cruz-Rojas, & Philip Alberti (Columbia University)

Stigma has been proposed as a critical reason for why ethnic minorities underutilize mental health services. Yet few studies have examined how and why stigma is particularly relevant for ethnic minority groups. The goal of this program is to empirically examine what types of stigmatizing attitudes are relevant for specific ethnic minority groups, and how these may act as barriers to mental health service utilization. Through four research presentations utilizing a detailed vignette experiment study design, we report distinct types of stigmatizing attitudes for Asian-American, African-American, and Latino groups. We suggest ways for our research to be applied to community interventions and/or public policy.

Tiger or the Lady? A Contemporary Discussion of Asian American Women

Michi Fu (Chair, Asian Pacific Family Center of Pacific Clinics & Private Practice), Christine I. Hall (Maricopa Community College District), Reiko H. True (University of California), Debra M. Kawahara (CSPP at Alliant International University)

This symposium hopes to examine Asian American women in their current context. In doing so, we begin by exploring the impact of stereotypes, where Asian American females are typically forced into the “lady or the tiger” categories. Issues regarding body image and career development will be examined in light of the stereotypes faced. We will also devote time for discussing the double jeopardy of racism and sexism that Asian American women face. Specifically, there will be a discussion of how to empower Asian American women despite external and internalized oppression. We then examine themes emerging from research findings regarding Asian American females in leadership. Finally, the panel will engage the audience in a discussion of themes and possible research and clinical implications to follow.

AAPA 2006 POSTER SESSION

The Poster Co-Chairs (Vicki Ngo and Matt Miller) coordinated a team of reviewers that evaluated many exceptional submissions. The following posters have been accepted for presentation at the convention:

- ♦ *Art in therapy: An aesthetic experience to foster connections with Asian Indian children* (L. Banerjee)
- *Black-Asian relations: A model for a university based intervention* (J. Tawa, J. J. Tauriac, & K. L. Suyemoto)
- *Acculturation narratives of Japanese immigrant women: A qualitative study* (M. Deguchi, & R. Liem)
- *Adopted Korean Americans' journey back to Korea: Are they ready?* (K. J. Langrehr)
- *Asian American men and the endorsement of stereotypes* (V. T. Do)
- *Asians' help-seeking attitudes and behaviors* (S. Choi & L. Gerstein)
- *Cancer screening and acculturation among Filipino American women* (C. M. Ko., V. L. Malcarne, & G. R. Sadler)
- *Causal attributions of mental health problems by Filipinos* (P. D. Akutsu, R. O'Brien & E. Castillo)
- *Clients' experiences in cross-racial therapeutic dyads: Recommendations for therapists working with racially different clients* (S. Hijioka, D. F. Chang, P. Yoon, A. Berk, J. Suero, & J. S. Kaplan)
- *Creating connections between psychology and Vietnamese American studies* (P. T. Nguyen & K. L. Suyemoto)
- *Cultural context's impact on Asian Americans' attitudes toward help seeking* (H. Zhang & F. T. Leong)
- *Cultural differences in parental emotion socialization* (N. E. Lim)
- *Dual-minority status and psychological stress among gay Asian Americans* (Y. Chen)
- *Family influences and experiences of belonging and exclusion with White and Black peer groups in Asian American youth* (G. S. Kim & K. L. Suyemoto)
- *Finding a voice in Shakti: A therapeutic approach for Hindu Indian women* (N. Navsaria & S. Petersen)
- *In their shoes: Understanding Asian American college students* (D. C. Hom & J. Sacramento)
- *Is pan-national identity desired in the Asian community?* (S. Kwon)
- *Linguistic investigations of Asian Americans' psychosocial functioning* (J. Wong, K. Tran & A. Lai)
- *Masculinity, Asian values, acculturation and mental health of Filipino-American men* (G. Gonzales, L. Ramos-Sanchez, K. Tran, K., & B. Roeder)
- *Math achievement among Asians and Asian-Americans: The teaching and learning of mathematics* (A. Skakich, L. Narayanan, C. Dunn, & M. Shanker)
- *Mental health of South Asians: A community psychology approach* (M. Zafar)
- *Moderating effect of attachment on acculturation strategy and adjustment* (A. E. Kang & E. C. Chen)
- *Resilience strategies of South Asian women who have survived child sexual abuse* (A. Singh)
- *South Asian women: Coping with cultural values conflict* (A. Kaduvettoor, A. G. Inman & E. Klingensmit)
- *Stress and coping processes of first-generation Chinese American adolescents and their European American peers: Analyses from the perspectives of cultural background and gender* (Y. C. Chiu)
- *The validity and clinical utility of the MMPI-2 clinical and content scales with Vietnamese psychiatric patients* (T. Dao, M. Railey, & H. L. Chang)

Collage of the Southern California regional AAPA/DoW conference



Sumie Seki



Soni Kim
Debbie Kawahara



Nita Tewari

Mary Ann Takemoto

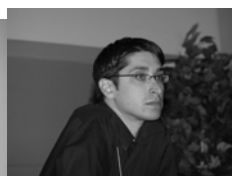
Michi Fu

Yosh Kawahara

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Kirstyn Chun



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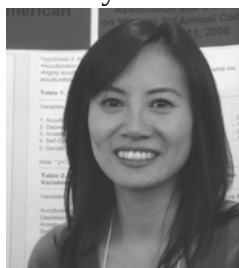
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ASIAN AMERICAN PSYCHOLOGIST Advertising Policy

Asian American Psychologist, the official newsletter of the Asian American Psychological Association (AAPA), is published 3 times yearly (Fall, Spring, Summer) and distributed to over 500 members of AAPA. For information on specific publication dates and advertising submission deadlines for upcoming issues, please contact the advertising editor. AAPA is a federally recognized non-profit organization.

Advertising Rates and Typesetting

Typical display advertising rates are based on column length (see below). Each advertising column is approximately 2 & 1/4 inches wide. There are 3 columns per newsletter page. The advertising rates are:

3-inch column ad = \$60.00
6-inch column ad = \$90.00
9-inch column ad = \$120.00

Requests for alternative typesetting for an ad can most often be accommodated at no extra cost. The rate billed will be based on the page area covered that corresponds to the advertising rates shown above.

Submission of Ads

It is recommended that text-only ads be submitted via email in RTF, ASCII, or MS Word formats to the advertising editor (see below). Ads can also be submitted on 3.5 inch diskette (IBM format) or via camera-ready copy. If special graphics are desired to appear in the ad, submission of camera-ready copy which conforms to the ad sizes described above is required. The name and

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Submit ads by regular mail or email to: Dr. Yoshito Kawahara, Behavioral Sciences, Mesa College 7250 Mesa College Drive, San Diego, CA 92111 or ykawahar@sdccd.edu.

Billing

A billing statement will be sent after an ad is successfully submitted. It is the policy of AAPA that in the event there is a delay in the publication of the newsletter such that your application deadline is missed, you will not be charged or we will fully refund your payment. Payment must be a check or money order made payable to "AAPA" (we cannot process credit card payments).

2006 AAPA Membership Application

Please check one: ☐ New Member ☐ Renewing Member ☐ Renewing, Student to Early Career Professional

Name: _____ E-mail: _____

Mailing Address: _____

Phone: _____ Fax: _____

Highest degree earned: _____ Year degree was earned: _____

Institution from which this degree was earned: _____

Ethnicity: _____ Language capability (other than English): _____

Research/Practice Interest (5-6 words): _____

Area in psychology (e.g., clinical, I/O, etc): _____

I permit AAPA to release my contact information (name, address, email) and/or research interests:

To professional organizations? _____ YES _____ NO

In AAPA member directories (e.g., print or on the website)? _____ YES _____ NO

To prospective employers? _____ YES _____ NO

Professional & Retiree/Emeritus Members: Please complete these items:

Institutional/Organizational affiliation (current/previous): _____

Position title (current/previous): _____

If retired/emergitus Year retired _____ Approximate year first joined AAPA _____

Student Members: Please complete these items:

School: _____ Degree objective: _____ Expected graduation date: _____

Please Note: In general, membership in AAPA runs from January 1 to December 31 yearly, regardless of when membership dues are received. However, dues received after September will be applied to the following year's membership. Checks not honored by your financial institution will be subject to a \$25.00 fee.

Dues & Donations		Amount	Enclosed
A. Lifetime Membership		\$750.00	\$
B. General Membership (1, 2, 3 yrs) ¹ (must have been a member for at least 5 years) (2 year maximum in this status)	Professional Member	\$35 \$70 \$105	\$
	Retiree/Emeritus	\$17.50 \$35 \$52.50	\$
	Early Career Professional ²	\$12 \$24	\$
	Student Member	\$12 \$24 \$36	\$
C. Division on Women Membership ²	Lifetime Member	\$275	\$
	Professional Member	\$15	\$
	Student Member	\$6.00	\$
D. Donations ³	General fund	\$25 \$35 \$50	\$
	Dissertation Grant	\$25 \$35 \$50	\$
	Best Poster Award	\$25 \$35 \$50	\$
	Student Travel Award	\$25 \$35 \$50	\$
	AAPA Division on Women	\$25 \$35 \$50	\$
TOTAL AMOUNT ENCLOSED			\$

1. You may pay dues for more than 3 full calendar years by writing in the appropriate dues amount in the enclosed column.

2. You must be a member of AAPA to join DoW.

3. AAPA is a tax-exempt organization under IRS code section 501c (3) and all donations to AAPA are tax deductible. As a nonprofit, AAPA and its Division on Women accepts donations to help finance activities. Please consider donating.

Please make check out to **AAPA** and send this form with your payment to:
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Elected Officers Announcement

Irene J. Kim, Ph.D.

AAPA Secretary/Historian (2004-2006)

Please join me in congratulating our newly elected
officer and board members!

Secretary-Historian

Christopher Liang

Board Member

Christine Yeh

Student Representative/Board Member

Arpana "Annie" Gupta

They will serve a two-year term starting August 31,
2006.

Thanks to all AAPA members who voted in this year's
election as well as those who ran in this year's
elections! We had a remarkably large slate of well-
qualified and accomplished candidates.

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